

All Day Menu



NIBBLES

- Spicy Smoked Almonds **VE 7**
- Mixed Marinated Miccio Olives **V, VE, GF 7**
- Falafel and Houmous **7**
- Beef Ragout Croquettes, Mustard Mayo **DF 7**

SHARING

- Pitta Bread and Houmous **V, VE, DF 7.5**
- Focaccia with Extra Virgin Olive Oil and Green Olive Tapenade **DF, V 7.5**
- Baked Camembert with garlic, rosemary, crushed chilli, honey and sourdough **V 19**
- Charcuterie Board: Selection of Cured Meats; prosciutto, salami milano and chorizo, fruit, crackers, Olde Sussex cheese, chutney and sourdough **GF* 20**
- The Relais Fish Platter; prawn and crayfish marie rose, smoked prawns, hot smoked salmon, breaded white bait, tartare sauce, wedge of lemon, brown bread and butter **20**
- Vegetarian Mezze; cold grilled marinated vegetables, sun blushed tomatoes, houmous, olives, feta cheese and pitta bread **V, VE*, DF*, GF* 19**

SANDWICHES

Available 1100-1700 (room service 24 hours)

- Free Range Egg Mayonnaise with Mustard Cress and Lettuce **V, DF, GF* 9.75**
 - Tuna Mayo and Cucumber **DF, GF* 9.75**
 - Coronation Chicken with Lettuce and Cucumber **DF, GF* 9.75**
 - Ploughman's Sandwich, Roast Ham, Mature Cheddar, Pickle and Tomato **GF* 10.75**
 - Prawn and Crayfish with Marie Rose and Rocket **DF, GF* 10.75**
- Freshly made to order, served on either white, malted thick bloomer or ciabatta with salad garnish.*

SALADS

- Chargrilled Chicken, Bacon and Avocado Salad; fresh crisp garden leaves, cherry tomato and French dressing **DF, GF 23**
 - Superfood Quinoa and Roasted Vegetables; tricolour quinoa with apricot and raisin, harissa marinated roasted vegetables, maple vinaigrette, spicy seeds and pomegranate **V, VE*, GF* 17**
- (Add protein for Halloumi £6/ Falafel £6/ Grilled Chicken £7, Grilled Salmon Fillet £7)*

V - Suitable for Vegetarians. VE - Suitable for Vegans. DF - Dairy Free. GF - Gluten Free. V*, VG*, DF*, GF* Options Available. Items on this menu may contain nuts. All our food is prepared in a kitchen where nuts, gluten and other allergens are present, our menu descriptions do not include all ingredients. IF YOU HAVE ANY FOOD ALLERGIES PLEASE LET US KNOW BEFORE ORDERING. Full allergen information available on request. Prices Include VAT and are subject to a discretionary service charge of 10%. WE ARE A CASHLESS RESTAURANT. The above menu may be subject to variation or change.



STARTERS

- Seasonal Fresh Homemade Soup**, with warm focaccia **V, VE, GF*, DF 9.5**
- Burrata and Chilled Heirloom Tomatoes**, wild rocket pesto, green herb oil **V, GF 12**
- Dill and Salmon Fishcakes**, confit garlic aioli, lemon wedge and salad garnish **DF 12**
- Cured and Scorched Mackerel**, tomato, lime and coriander ceviche, dill emulsion **GF, DF 14,75**
- Homemade Chicken Liver Parfait**, toasted brioche and plum gel **GF* 13**

BURGERS & GRILLS

All burgers are served in a brioche bun with lettuce, tomato, red onion, pickle, crunchy slaw and julienne (skinny) fries

- 6oz dry Aged Beef Patty Burger**, burger relish, bacon, applewood smoked cheddar cheese **19.5**
- Buttermilk Chicken Burger**, sriracha mayo **19.5**
- Grilled Halloumi**, basil pesto mayo and roasted red peppers **V 19.5**
- Plant Based Burger**, burger relish **V, VE 19.5**

MAINS

- Lemon Sole Meuniere**, lemon parsley butter, fine beans and steamed baby potatoes **GF 30**
- Grilled bass fillet**, courgette ribbons, crushed new potatoes, lightly infused curry white wine sauce, green herb oil **GF, DF* 25**
- The Relais favourite Newhaven Fish and chips**, homemade tartare sauce, mushy peas, lemon **DF 23**
- Creamy Salmon, Cherry Tomato and Fresh Basil Linguini** **22**
- Spring Vegetable Risotto** with petit pois, broad beans, asparagus, Grana Padano and basil **V, VE*, GF 20**
- Chicken Parmigiana Caesar Salad** **23**
- Locally sourced grass-fed 6 oz Beef Fillet**, potato pave, charred asparagus and Béarnaise sauce **GF 38**
- Steak Frites**, locally sourced minute steak, watercress salad, Julienne fries and peppercorn sauce **GF* 20**

SIDES

- Cooden House Salad** **6**
- Rocket, Red Onion, Cherry Tomatoes and Grana Padano** **6**
- Buttered French Beans** **6**
- Tender Stem Broccoli, Toasted Almonds, Lemon Zest and Parsley** **6**
- Battered Onion Rings** **6**
- Chunky Chips or Julienne (Skinny) Fries** **6**
- Dauphinoise Potatoes** **6**

Service charge is added at 12.5% which is discretionary, and we are also now a cashless hotel

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